

YMCA CAMP HI-ROCK CAMPER CODE OF CONDUCT



Dear Campers, Parents, and Guardians:

Camp Hi-Rock is a very special community where our mission is "to challenge and nurture the individual, build self-esteem, instill leadership and social skills, strengthen the body, lift the spirit and sharpen the mind." The following are standards we have established to sustain an environment in which every member of the Hi-Rock community can feel welcome and respected. We aim to promote the YMCA Character Values of caring, honesty, respect and responsibility in all aspects of our program, and to provide an atmosphere of freedom and a sense of fellowship and enjoyment for all. We ask that all campers and parents/guardians read this code together before arriving at camp.

RESPECT

- Campers will be respectful, cooperative and will contribute positively to the experience of fellow campers.
- Campers will be careful that their actions won't hurt other campers' feelings or hurt them physically, either intentionally or accidentally.
- Campers will leave rocks, sticks, and soil on the ground (except when gathering sticks for a campfire).

PERSONAL SPACE AND PROPERTY

- Campers will only enter their own cabin and their own unit.
- If campers need to enter their cabin between coaching periods, they will only do so accompanied by a counselor.
- Other than their own cabin, campers will only enter buildings on camp where they have an assigned activity.
- Campers will be respectful of the personal property of other campers/staff and will only borrow property with clear, expressed permission from the owner. Any borrowed property will be returned at the agreed upon time.
- Campers will be respectful of camp property.
- Campers will never mark, deface or destroy camp or personal property or nature.
- Campers will only sit on or lie in their own bed.
- Campers will leave all pets at home rather than bringing them to camp.
- Campers and LITs will be transported to camp and will not bring their own vehicles.

EXPRESSION

- Campers must be respectful in their expression through apparel, language, gestures, or writing, without being profane, obscene, humiliating, degrading, threatening, harassing, hateful, or in any way offensive in reference to race, religion, ethnicity, nationality, gender, orientation, culture, ability, or belief.

MEDICINE

- Campers must keep prescription or non-prescription medicine at the infirmary with the nurse and not in their cabins or on their person. All medications must be turned into the camp nurse during Check-In and will be administered by the nurse. Any special circumstances must be cleared by the nurse during Check-In.

ELECTRONICS

- Electronic equipment, such as TVs, cellular phones or handheld video games, must be left at home and is not allowed at camp. Such equipment will be confiscated and returned to parents upon departure. Campers may bring their own personal music players but may only use them in their own beds during siesta and free time. Hair dryers are allowed.
- Only one piece of electronic equipment may be plugged in per electrical outlet. Power strips or other devices may not be used to add additional pieces of equipment.

VALUABLES

- All valuables are brought to camp at your own risk. We do not recommend that you bring valuables or expensive

clothing to camp.

- All cash should be deposited into the camp store upon arrival or turned in at the office.
- Camp is not responsible for the theft of or damage to any personal property.

DANGEROUS PROPERTY

- Campers may not possess knives, weapons, fireworks, aerosol cans, matches, or lighters at camp.
- Campers may not possess tobacco products, alcohol, or other illegal substances at camp.
- Dangerous property will be confiscated if brought to camp and may result in the camper's expulsion from camp.

PRANKS

- Pranks are only allowed if approved by the Assistant Camping Director or the Executive Director.
- No prank will be allowed which is emotionally hurtful, compromises safety, involves trespassing within someone's personal space, or is destructive or wasteful of personal or camp property.

BOUNDARIES

- Campers will report to and stay within the program area to which they are assigned at all times.
- During Free Time, campers will stay within the limits of the camp grounds described on check-in day unless accompanied by a counselor.
- Campers must stay in their cabins from the end of evening program to wake-up call except to use the bathroom.
- Campers will only enter the areas of the waterfront, ropes course, climbing tower, ski dock, or the riflery, BB, or archery ranges when under the supervision of a staff member.
- No campers shall ever enter the lake at any location other than the waterfront or ski dock.

SAFETY

- Campers will comply with all rules. General safety rules will be introduced on check-in day. Safety rules specific to a program area will be introduced before campers use that program area.
- Campers will protect their feet by wearing closed-toe shoes or sneakers at all times. Flip-flops (and bare feet) will only be worn at the waterfront, inside the cabin, and in the shower house.

PHYSICAL DISPLAYS OF AFFECTION

- Physical displays of affection or of a romantic nature are not allowed under any circumstances.

PHONE

- Campers may not use the phones at camp, nor may they receive phone calls. All phone messages will be passed along through the staff.

FOOD

- Campers may not store or eat food in their cabin at any time as it attracts unwanted animals and insects.

SWIMMING

- All campers must take swimming lessons unless their parent/guardian signs a waiver during check-in or the camper passes the Green swimmer swim test.



